

St. Paul Lutheran Church

Prayer Vigil

October 29, 2021, 7:00 am – 7:00 pm

We invite you to spend 20 minutes or more in quiet meditation and prayer. Our goal is to maintain continuous prayer for the entire period. You will be surprised at how fast the time goes by!

There is no wrong way to pray, but below you will find some help:

- Suggestions for prayer
- Meditations
- And more

Preparing Yourself

Begin with a period of silence, acknowledging the presence of the Holy Spirit. You may want to repeat phrases such as: “Lord, thank you for inviting me to be here. Help me to hear what You want me to know about You and what Your purposes are for me.” Calm your spirit and center on God’s love for all people.

Suggestions for Prayer

- The programs and ministries of St. Paul
- PROJECT Forward Capital Campaign
- Our staff and church leaders
- Our missionaries, the Fribergs
- Our ELCA Bishop, Elizabeth Eaton and Synod Bishop, Yehiel Curry
- World leaders
- An end to armed conflict around the world
- Immigration issues
- The most vulnerable among us – our children
- Those who are hungry every day
- Those who are grieving
- Those who suffer from injury or disability
- Those who suffer from life-threatening illness, including COVID-19

- Those who suffer from mental illness
 - Those who are imprisoned
 - Those in financial hardship
 - The unemployed
 - The homeless
 - The oppressed and abused of this world
 - The healing of our environment, God's creation
 - Our enemies
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I pray because

I can't help myself.

I pray because

I'm helpless.

I pray because

The need flows out of me all the time

~ waking and sleeping.

It doesn't change God ~

It changes me.

~C.S. Lewis

Listen to me, O God,
listen to what I have to say.



From the bowels of this fractured world
I cry out my fears and my longings.
I cannot find peace or security
until I lose myself in something or someone
that is greater than I.
Draw me more deeply into Your life and purposes;
only then will I find shelter from the tempests
of this fearful and uncertain existence.

— Psalm 61:1-4 (Psalms/Now)

May the God of HOPE
fill you with all joy and peace as you trust in him,
so that you may overflow with HOPE
by the power of the Holy Spirit.

— Romans 15:13

Thoughts on Prayer by Martin Luther

“All who call on God in true faith, earnestly from the heart, will certainly be heard, and will receive what they have asked and desired.”

“Prayer is a strong wall and fortress of the church; it is a goodly Christian weapon.”

“Grant that I may not pray alone with the mouth; help me that I may pray from the depths of my heart.”

“Pray, and let God worry.”

St. Paul Lutheran Church

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Evangelical Lutheran Church in America

God's work. Our hands.